

# CAFÉ MENU



#  
Please have your table  
number ready when you  
order at the bar

## MAIN COURSES

<b>Haven fish 'n' chips</b>	<b>15.95</b>
Battered in Ringwood ale with tartare, lemon, chips & peas	
<b>Breaded wholetail scampi</b>	<b>10.50/15.95</b>
Served with chips, lemon wedge & peas	
<b>Hand carved honey glazed gammon ham</b>	<b>13.50</b>
Served with double fried egg & chips	
<b>Haven fisherman's pie</b>	<b>15.95</b>
Hake & prawns, dill sauce, creamy mash & baby vegetables	
<b>Rope grown mussels</b>	<b>16.95</b>
Creamy white wine, coriander & garlic sauce, with a crusty baguette or GF roll (GF)	
<b>Bangers 'n' mash</b>	<b>13.75</b>
Three Cumberland sausages on mashed potato onion gravy and peas (Vegan option available VG)	
<b>Eggs Benedict</b>	<b>9.95</b>
Toasted muffin, smoked bacon, poached eggs & hollandaise	
<b>Eggs Florentine</b>	<b>9.50</b>
Toasted muffin with spinach, poached eggs & hollandaise (V)	
<b>Vegetable lasagne</b>	<b>13.95</b>
Gluten free garlic bread & salad (V, Vg, GF, DF)	
<b>Pint of prawns</b>	<b>14.50</b>
A pint of shell on prawns with seafood dip, brown bread, butter	
<b>Ploughman's</b>	<b>15.95</b>
Dorset Blue, Cheddar & ham. Crusty baguette, pickled onion, Branston pickle & apple	

## ALL DAY BAPS

<b>Smoked bacon</b>	<b>5.50</b>
<b>Cumberland sausage / Quorn sausage (V)</b>	<b>5.95/5.50</b>
<b>Fried egg (V)</b>	<b>5.50</b>
<b>Ultimate bap</b> lots of sausage, bacon & egg	<b>9.95</b>
Extras 1.50: fried egg, bacon, sausage, mushroom	

## BURGERS & BAPS

Served in a floured bap with chips, tomato & lettuce	
<b>Monterey Jack cheese burger</b>	<b>14.95</b>
Topped with smoked bacon & Tomato Relish	
<b>Grilled halloumi &amp; roasted pepper</b>	<b>13.25</b>
With chilli jam (V)	
<b>Grilled chicken breast burger</b>	<b>14.95</b>
Topped with smoked bacon & Cajun mayonnaise	
<b>Battered fish finger bap</b>	<b>11.50</b>
Tomato, lettuce, tartare sauce	

## SALAD BOWLS

<b>Feta, olive &amp; sun blushed tomato</b>	<b>12.50</b>
With mixed leaf, pepper, red onion & olive oil dressing (V)	
<b>Warm chicken &amp; smoked bacon Caesar salad</b>	<b>12.95</b>
With parmesan, mixed leaf, croutons & Caesar dressing	
<b>Smoked mackerel</b>	<b>13.95</b>
With cucumber, cherry tomatoes, mixed leaf & a lemon & dill vinaigrette	

## JACKET POTATOES All GF

<b>Tuna &amp; sweetcorn</b>	<b>8.95</b>
<b>Prawns in seafood sauce</b>	<b>9.25</b>
<b>Honey roasted ham &amp; cheese</b>	<b>8.50</b>
<b>Baked beans &amp; cheese (V)</b>	<b>8.50</b>
<b>Mature Cheddar &amp; coleslaw (V)</b>	<b>8.50</b>
<b>Vegan Cheddar &amp; red onion (Vg)</b>	<b>8.50</b>

## HOMEMADE SANDWICHES

<b>WHOLEMEAL ONLY</b>	
<b>Prawns in seafood sauce</b>	<b>6.95</b>
<b>Tuna, cucumber &amp; mayonnaise</b>	<b>6.50</b>
<b>Fresh crab &amp; lettuce</b>	<b>7.75</b>
<b>Egg mayonnaise, Hampshire watercress (V)</b>	<b>5.75</b>
<b>WHITE ONLY</b>	
<b>Honey roasted ham &amp; Dijon mustard</b>	<b>6.50</b>
<b>Mature Cheddar &amp; onion chutney (V)</b>	<b>6.25</b>

## CHILDREN

Served with chips or new potatoes & peas or baked beans	
<b>Breaded chicken goujons</b>	<b>6.75</b>
<b>Battered fish</b>	<b>8.95</b>
<b>Breaded scampi</b>	<b>8.95</b>
<b>Grilled chicken fillets (GF)</b>	<b>6.95</b>
<b>Cumberland or Quorn sausage</b>	<b>6.95</b>

## SIDES

<b>Bowl of chips / cheesy chips</b>	<b>4.75/6.50</b>
<b>Chips with curry sauce</b>	<b>6.50</b>
<b>Crusty baguette or GF roll</b>	<b>1.95</b>
<b>Garlic bread</b>	<b>4.50</b>
<b>Cheesy garlic bread (4 slices)</b>	<b>6.00</b>
<b>Mushy peas</b>	<b>1.95</b>
<b>Coleslaw</b>	<b>1.95</b>
<b>Curry sauce</b>	<b>2.00</b>

PLEASE LET US KNOW OF ANY ALLERGIES WHEN ORDERING YOUR FOOD | PLEASE ENSURE THAT YOU HAVE A TABLE NUMBER  
Key for Symbols (V) Vegetarian (Vg) Vegan (GF) Gluten free (DF) Dairy Free | Some dishes may contain or have traces of nuts, dairy or gluten



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## BREAKFAST MENU

Served to 11.30am

### TEA

<b>Birchall's English blend</b>	
Pot for one / two	<b>2.80 / 4.40</b>
<b>Birchall's Earl Grey &amp; specialities</b>	
Pot for one / two	<b>2.90 / 4.60</b>

### COFFEE Roasted by Mozzo

<b>Double espresso</b>	<b>3.30</b>
<b>Black coffee / Americano</b>	<b>3.30</b>
<b>Cappuccino</b>	<b>3.70</b>
<b>Latte</b>	<b>3.70</b>
<b>Flat white</b>	<b>3.70</b>
<b>Mocha</b>	<b>3.90</b>
<b>Add syrup</b>	<b>0.50</b>

### HOT CHOCOLATE

<b>Regular hot chocolate</b>	<b>3.60</b>
<b>Add whipped cream</b>	<b>0.30</b>
<b>Add marshmallows</b>	<b>0.30</b>

### CREAM TEA **4.80**

Pot of tea for one with a fruit scone,  
strawberry jam and clotted cream

### FULL ENGLISH

<b>Haven breakfast</b>	<b>10.95</b>
Cumberland sausage, smoked bacon, tomato, mushroom, hash brown, fried egg, baked beans & toast or fried bread	
<b>Vegetarian breakfast</b>	<b>8.95</b>
Quorn sausage, double fried egg, mushrooms, hash brown, tomato, baked beans & toast or fried bread (V)	
<b>Gluten Free breakfast</b>	<b>8.50</b>
Double fried egg, mushrooms, double hash browns, tomato, baked beans & warm gluten free roll (GF, V)	
<b>Extras each</b>	<b>1.50</b>
Black pudding, hash brown, mushroom, fried egg, Cumberland/Quorn sausage, tomato, smoked bacon	
<b>Eggs Benedict</b>	<b>9.95</b>
Grilled muffin topped with smoked bacon, poached eggs and hollandaise sauce	
<b>Eggs Florentine</b>	<b>9.50</b>
Toasted muffin topped with spinach, poached eggs and hollandaise sauce (V)	
<b>ON TOAST</b>	
<b>Fried or poached eggs (V)</b>	<b>4.50</b>
<b>Avocado, tomato &amp; black pepper (V)</b>	<b>6.00</b>
<b>Heinz baked beans (V)</b> (Add cheese 1.50)	<b>3.95</b>
<b>White or brown toast</b>	<b>3.25</b>
With jam, marmalade, honey or Marmite	

### ALL DAY BAPS

<b>Smoked bacon</b>	<b>5.50</b>
<b>Cumberland sausage</b>	<b>5.95</b>
<b>Quorn sausage (V)</b>	<b>5.50</b>
<b>Fried egg (V)</b>	<b>5.50</b>
<b>Ultimate bap</b> lots of sausage, bacon & egg	<b>9.95</b>
<b>Extras 1.50:</b> fried egg, bacon, sausage, mushroom	



We get our coffee and tea from the brilliant  
team at Mozzo, who grind all their coffee  
in Southampton

In 2015, they set up the  
Community2Community Fund™ to ensure  
every purchase of Mozzo coffee delivers a  
positive impact for the growing communities.

Investment goes directly to our partner  
cooperatives who take the lead on how the  
money can be best put to use. C2C Fund™  
investment most recently built the first-ever  
maternity clinic on Idjwi Island in partnership  
with female-led cooperative Rebuild  
Women's Hope (RWH).

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