

ALL DAY BAPS

Smoked bacon	5.50
Cumberland sausage	5.95
Plant based sausage (Vg)	5.50
Fried egg (V)	5.00
Chip butty (Vg)	5.00
Ultimate bap	9.95
Lots of sausage, bacon & egg	
Extras	1.50
Fried egg, bacon, sausage, mushroom, black pudding	

TOASTIES

Flaked tuna, sweet chilli & cheese melt	7.25
Roast chicken	7.25
Pepperoni, mozzarella & basil	
Red onion & Cheddar cheese (V)	7.00

SANDWICHES

Served in wholemeal bread:

Prawns in seafood sauce	6.95
Tuna, mayonnaise and cucumber	6.50
Fresh crab with lettuce	7.75
Egg mayonnaise	5.75
Hampshire watercress (V)	

Served on white bread only:

Honey roast ham & Dijon mustard	6.50
Mature Cheddar & onion chutney (V)	6.25

PLEASE LET US KNOW OF ANY ALLERGIES
WHEN ORDERING YOUR FOOD

PLEASE ENSURE THAT YOU
HAVE A TABLE NUMBER

Key for Symbols (V) Vegetarian (Vg)
Vegan (GF) Gluten free (DF) Dairy Free

Some dishes may contain or have
traces of nuts, dairy or gluten

THE HAVEN CAFÉ MENU

MAIN PLATES

All day breakfast	10.95
Cumberland sausage, smoked bacon, tomato, mushroom, fried egg, baked beans, toast, chips or hash browns	
Ham, egg & chips	13.50
Honey glazed gammon ham, double fried egg, chips & peas (GF)	
Haven fish & chips	10.50/15.95
Ringwood ale batter, tartare, chips & peas or mushy peas	
Breaded wholetail scampi	11.00/16.50
Chips, lemon wedge & peas	
Rope grown mussels	16.95
Creamy white wine, coriander & garlic sauce, with a crusty baguette or GF roll (GF)	
Pie of the day	See specials board
Puff pastry case, mashed potato & glazed vegetables	
Warm quiche tart	13.95
Salad & new potatoes (V)	
Roasted pepper, squash & rocket penne pasta	14.95
Tomato sauce & GF garlic bread. (V, GF, DF) Add chicken or chorizo 3.00	
Mac 'n cheese, garlic bread (V)	14.00
Panfried chicken schnitzel	16.00
Panko bread crumbs, rocket & parmesan salad, sweet potato wedges	
Bangers, mash, peas & onion gravy	13.50
Salt & pepper squid, salad garnish, chilli dip	7.95/13.50

BURGERS & BAPS & BAGUETTES (Vegan & GF brioche buns available)

Monteray Jack cheeseburger	14.95
Brioche bun, chips, smoked bacon & tomato relish	
Grilled Peri Peri chicken breast burger	14.95
Brioche bun, chips, Peri Peri mayo	
Moving Mountain plant based burger	13.95
Sweet potato wedges, vegan mozzarella, vegan brioche bun, relish (Vg)	
Steak and onion baguette	14.95
Chips, mustard mayo	
Battered fish finger bap	11.50
Chips, tomato, lettuce, tartare sauce	

SALADS, PLATTERS & PINTS

Classic Caesar salad	10.50
Parmesan, mixed leaf, croutons, Casar dressing (V) Add chicken & bacon or tuna 3.00	
Pint of prawns	14.50
A pint of shell on prawns with seafood dip, brown bread & butter	
Cold seafood platter	21.95
Peeled prawns, potted crabmeat, rollmop, cockles & smoked mackerel. Crusty baguette, horseradish mayo, seafood dip	
Ploughman's	15.95
Dorset Blue, Coastal Cheddar & ham. Crusty baguette, pickled onion, Branston pickle & apple	

JACKETS (all GF)

Prawns in a seafood dip	9.25
Tuna & Sweetcorn	8.95
Cheese and baked beans (V)	8.50
Add bacon or honey roasted ham 1.50	

CHILDREN'S MEALS

Served with either chips, new potato & peas or beans

Breaded chicken goujons	6.95
Battered fish	8.95
Breaded scampi	9.50
Grilled chicken fillets (GF)	7.25
Cumberland or plant based sausage (Vg)	7.50

PUDDINGS

New Forest sundae (3 scoops)	7.50
Choose from mint, honeycomb swirl, strawberry, chocolate or vanilla ice cream. Topped with cream, wafer and a choice of strawberry, chocolate or caramel sauce	
Raspberry & chocolate torte (V, Vg, GF)	6.50
Syrup sponge pudding (V & GF)	5.95
Apple crumble (V)	5.95
Lemon meringue pie (V)	6.50

SIDES

Bowl of chips	4.75
Cheesy chips	6.95
Chips, curry sauce	6.00
Crusty baguette or GF roll	1.95
Garlic bread	4.50
Cheesy garlic bread	6.00
Mushy peas / coleslaw	1.95
Side salad or seasonal veg	4.75
Curry sauce	2.50