## THE HAVEN HOUSE INN & CAFÉ MENU

Café open form 9.30am, Pub open from 11am (midday on Sundays)



MAINS		ALL DAY BAPS	
Haven fish & chips	16.95	Smoked bacon	5.95
Ringwood ale batter, chips & peas	10.00	Cumberland sausage	6.50
Breaded wholetail scampi	17.50	Plant based sausage (Vg)	5.50
Chips, lemon wedge & peas  Rope grown mussels (GF)	17.45	Fried egg (V)	5.50
Creamy white wine, coriander & garlic sauce, with a crusty baguette or GF roll	17.40	Chip butty (Vg)	5.00
Beef and ale pie	16.90	Ultimate bap Lots of sausage, bacon & egg	9.95
Puff pastry, mashed potato & glazed vegetables  Ham, egg & chips (GF)	14.50	Vegan halloumi with sweet potato fries	11.95
Honey glazed ham, fried eggs, chips & peas	24.00	(V, Vg, DF) On ciabatta with peppers & chilli jam	
Spicy crab fishcakes Mixed leaf & Thai dipping sauce	16.50	Battered fish finger bap & chips 12.00 Tomato & lettuce	
Warm quiche tart [V] Salad & new potatoes	13.95	Extras Fried egg, bacon, sausage, mushroom, black pudding	1.50
Vegetable lasagne (V, Vg, GF, DF) Gluten free garlic bread & salad	14.50		
Mac 'n cheese, garlic bread (V)	14.00	JACKETS (all GF)	
Panfried chicken schnitzel	16.50	Honey roast ham & cheese	8.95
Panko bread crumbs, rocket & parmesan salad, sweet potato fries, tomato relish  Homemade fishermans pie	16.50	Prawns in a seafood dip	9.25
Creamy mash, dill sauce, glazed vegetables	10.50	Tuna & Sweetcorn	8.95
	2	Pulled pork	10.50
FROM THE GRILL		3 bean chilli (vg)	8.50
Minute steak ciabatta with chips	14.95	Cheddar cheese (V)	7.95
Lettuce, tomato & mustard mayo  Monteray Jack cheeseburger, brioche bun, chips	15.95	CHILDREN'S MEALS	
Smoked bacon & tomato relish.  Pimp up with pulled pork £4.00		All (except pasta) with chips or new potatoes & peas or beans	
Buttermilk chicken breast burger & chips	15.50	Penne pasta, tomato sauce (GF V)	7.95
Brioche bun, lettuce, tomato & Cajun mayo		Breaded chicken goujons	7.50
Grilled vegetable stack burger with chilli jam and sweet potato fries (V, Vg, DF)	14.50	Battered fish	9.50
Mushroom, aubergine, peppers & butternut squash		Breaded scampi	9.95
		Beef burger, floured bap, tomato relish	8.50
SALADS, PLATTERS & PINTS		Cumberland or plant based sausage (Vg)	7.50
Chicken & smoked bacon Caesar salad	13.50		
Parmesan, cos lettuce, croutons, Caesar dressing [Classic Caesar Salad £11.00 [V]]		PUDDINGS	
Pint of prawns	14.50	Served with cream, custard or ice cream	
A pint of shell on prawns with seafood dip, brown bread & butter		Raspberry & chocolate torte (v, vg, GF)	6.50
Cold seafood platter Peeled prawns, crabmeat, rollmop, cockles & smoked mackerel.	24.00	Syrup sponge pudding (V & GF)	5.95
Crusty baguette, mixed leaf, horseradish mayo & seafood dip		Apple crumble (V) Lemon meringue pie (V)	5.95 6.50
Ploughman's Stilton, Coastal Cheddar & ham. Crusty baguette, pickled onion, pickle & apple	15.95	- Lemon meringue pie (V)	0.50
Superfood salad [DF, GF] Soyabean, pumpkin seed & chickpea with mixed leaf, pomegranate,	13.50	SIDES	
mustard & plant based yoghurt dressing		Bowl of chips/cheesy chips (GF)	4.75/6.95
Add chicken, pulled pork or prawns 4.00	16.50	Chips with curry sauce (DF, GF)	6.50
Mackerel salad (DF, GF) Cucumber, cherry tomato, mixed leaf, lemon & dill vinegrette	14.50	Crusty baguette or GF roll	1.95
		Garlic bread	4.50
SMALL PLATES		Cheesy garlic bread (4 slices)	6.00
Breaded whitebait	6.95	Mushy peas, peas/ baked beans	1.95 4.75
Lemon & dill mayo, salad garnish		Side salad or seasonal veg Curry sauce (DF, GF)	2.00
Salt & pepper squid With salad garnish and chilli dip	7.95	Sweet potato fries	5.50
Dressed crab	14.00	Pimp up with pulled pork	4.00
Lemon & dill mayo, crusty bread or GF roll  Houmous & vegetable crudites (VG, GF, DF)	6.50		
Troumous & Togotable ordantes (Ta, ar, br)	0.50	BARK BITES %	
SANDWICHES		A sausage for dogs	1.50
Served on wholemeal bread:			
Prawns in seafood sauce	7.20	PLEASE LET US KNOW OF ANY ALLERGIES WHEN ORDE	RING YOUR FOOD
Tuna, mayonnaise and cucumber	6.50	Some dishes may contain or have traces of nuts, dairy or gluten	
Fresh crab with with rocket leaves	9.50		
		Key for Symbols (V) Vedetarian (Vd) Vedar	(GE)

5.75

6.50

6.25

Egg mayo & Hampshire watercress (V)

Honey roasted ham & Dijon mustard

Mature Cheddar & onion chutney (V)

Served on white bread only:

Key for Symbols (V) Vegetarian (Vg) Vegan (GF)

Most meals served outside come in biodegradable boxes